hartfordballroom

Ballroom Dance Schedule For 2027

Month	Level 1 Mondays 7 pm	Level 2 Mondays 8 pm	Level 3 Thursdays 7 pm	Level 4 Thursdays 8 pm
September (2026)	Cha Cha	Night Club Two Step	Fast Waltz	Bachata
October	Slow Waltz	Cha Cha	Night Club Two Step	Fast Waltz
November	Rumba	Slow Waltz	Cha Cha	Night Club Two Step
December	Hustle	Rumba	Slow Waltz	Cha Cha
January (2027)	Foxtrot	Hustle	Rumba	Slow Waltz
February	East Coast Swing	Foxtrot	Hustle	Rumba
March	American Tango	East Coast Swing	Foxtrot	Hustle
April	Country Two Step	American Tango	East Coast Swing	Foxtrot
May	West Coast Swing	Country Two Step	American Tango	East Coast Swing
June	Salsa	West Coast Swing	Country Two Step	American Tango
July	Rumba	Salsa	West Coast Swing	Country Two Step
August	Quickstep	Rumba	Salsa	West Coast Swing
September	Night Club Two Step	Quickstep	Rumba	Salsa
October	Cha Cha	Night Club Two Step	Quickstep	Rumba
November	Slow Waltz	Cha Cha	Night Club Two Step	Quickstep
December	Hustle	Slow Waltz	Cha Cha	Night Club Two Step
January (2028)	TBD	Hustle	Slow Waltz	Cha Cha

How It Works:

Our group classes are easy to join; just walk into the class you want to take, pay for it, and then have fun!
You don't need to register ahead of time or pay for an entire package of lessons first. You don't even need to bring a partner with you.
Each class does one dance for the whole month. We repeat the steps each week so you have the chance to practice and improve your dancing. When the month is done, the dance moves up to the next level, so you can choose to follow the dance until you reach a point where it feels challenging but not overwhelming.

The Different Class Levels:

Level 1: Beginner *Every Monday at 7 p.m.*
The perfect class to get started with! The moves are easy, and the class is slowly paced so you have time to get comfortable. An excellent introduction to a dance.
Level 2: Beginner/Intermediate *Every Monday at 8 p.m.*
An easier class that builds off of what was taught in Level 1. Great for beginner students who want to learn a bit more, or for more experienced students who want to revisit easier steps and improve their technique
Level 3: Intermediate *Every Thursday at 7 p.m.*
This class builds upon what was taught in the Level 2 class. Great for beginner students ready to start moving on to more difficult patterns, and for experienced students trying to improve their technique and dance skills.
Level 4: Intermediate/Advanced *Every Thursday at 8 p.m.*
Currently, this is our most advanced class, and it builds on what was taught in Level 3. Ideal for experienced dancers looking for a challenge.

Cost:

All classes are $15 each. Lisa prefers cash, but credit, Venmo and Zelle are also accepted. Please make checks out to Lisa Spiro.

Location:

These classes all take place at the Hartford Ballroom Dance Studio. 56 Arbor St, Suite 411, Hartford CT 06106. Parking is found behind the building. If the door into the building is locked call Lisa Spiro for the door code and enter it into the keypad (the door code is in her voicemail message)

Questions?

Contact Lisa Spiro at 860-655-5731 (call or text).